



Guidance and Counselling Department

January, 2021

Dear Students, Parents/Guardians,

We hope you are keeping well in these challenging times.

We want you all to know that we are available to support you in as best a way as is possible at this time. If you, or your parents, feel we can assist you in any way across the many areas - and especially Leaving Certificate students at this time - please ensure you contact us. We will be linking in with individual students, ourselves, as well as communicating via Google Classrooms . We also ask Students who may need Support around their Wellbeing, including those already linked in, to ensure they liaise with us . Please contact us by email, initially, and we will then agree further means of communication, in confidence.

Meanwhile, look after yourselves.

Kindest Regards,

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Maura Conneely: mcy@naascbs.ie

Guidance Counsellors.