



TRANSITION YEAR LOCKDOWN STEPS CHALLENGE

**TRACK YOUR WEEKLY STEPS BETWEEN
NOW AND THE END OF JANUARY**

PERSON WITH THE MOST WINS!

PRIZES FOR TOP THREE PLACES

Important Information

- You must sign up for this challenge via email to sc@naascbs.ie before 18.00p.m Tuesday 12th January
- You must send in a weekly update on Monday 18th, 25th & 1st Feb with your total steps for the previous week. A screenshot of your step tracker must also be included.
- 1st Prize – €75 Voucher, 2nd Prize – €50 Voucher, 3rd Prize – €25 Voucher



STEPS
(CHALLENGE)