

# Carlingford Trip Transition Year October 7th -9th 2019

# **Outward Journey**

Leaving the School at 8.30am Monday 7<sup>th</sup> October, morning for bus to Carlingford. We hope to arrive at 10.30 and Activities will begin at 11.00am.

### **Homeward Journey**

We will be leaving Carlingford on Wednesday 9<sup>th</sup> Oct after activities at 4.30 – 5pm and would hope to arrive back at the school around 7pm.

We expect that all TY students will travel. However, if it is medically or physically unwise to do so, please inform me immediately. While the trip is quite physically demanding, I have no doubt it will be enjoyable, memorable and extremely worthwhile for everyone.

I expect that all Students will co-operate fully with the teachers, instructors and staff at the centre while they are away. There will be 24 hour supervision provided by the staff while in the Carlingford Adventure Centre.

#### What to Bring

- Three / four complete changes of clothing. (Not a fashion parade, you will get clothes and footwear, very wet and dirty).
- Old runners suitable for water based activities / gorge walking.
- o Towel and toiletries.
- O Wet / rain gear and hat.
- o Swimming togs / shorts (for wearing under wetsuit, supplied).
- o Plastic bag for bringing home wet shoes and wet / dirty clothes.
- o Some pocket money for refreshments from on site tuck shop.

Could you please let me know in advance if there are any particular medical requirements / important needs / food allergies etc your son might have or if he is unable to travel.

Thanking you

Niall Rennick

(TYO Co-ordinator and Year Head).





# **Carlingford Adventure Centre Mobile Phone Policy**

#### Introduction

Carlingford Adventure Centre have drawn up a mobile phone policy for students visiting the centre in response to the significant increase in mobile phones, hand held electronic devices and smart watches amongst the school population over recent years for security and child protection reasons.

When we refer to mobile phones we refer to all mobile devices, mobile phones, tablets (iPads etc), Game Boys/PSPs, MP3s/iPods, smart watches etc.

As it is difficult to detect specific usage, this policy refers to ALL mobile communication devices. At Carlingford Adventure Centre the welfare and well-being of our visitors, students and staff is our top priority.

The aim of the Mobile Phone Policy is to allow users to enjoy their stay at Carlingford Adventure Centre and provide them with the opportunity to use their mobile devices, whilst promoting safe and appropriate practice by establishing clear and acceptable mobile user guidelines.

It is recognised that the camera and video functions of mobile phones cause the most concern. These are most susceptible to misuse, mainly the taking and distribution of indecent images, exploitation and bullying. We recognise that mobile phones are part of everyday life for many children and that they can play an important role in helping students feel safe and secure. However, we also recognise that the camera function on mobile phones can be mis-used especially in a situation where children are changing or if they are staying over on a residential stay.

#### Therefore:

<u>Day Visit</u>: Mobile phones are NOT permitted in the centre while the students are here on a school trip. It is the teacher's responsibility to remove phones from students before they enter Carlingford Adventure Centre. All phones must be turned off. We will provide safe storage of phones until departure. Phones are not allowed to be accessed throughout the day – unless a teacher takes responsibility for this. Phones will be returned to the teacher upon departure. Whilst Carlingford Adventure Centre will make every effort to look after these phones in safe storage the centre takes no responsibility for any accidental loss or damage to mobile phones brought into the centre, therefore we recommend that schools discourage students from taking phones with them on the school trip.

Residential Visits: Mobile phones are permitted for residential stays. HOWEVER they are only permitted from 5.00pm – 7.00pm & 9.00pm – 10.00pm. Mobile phones will be collected from all students before lights out. This is a Child Protection procedure so there will be no exceptions to this policy. Under no circumstances are phones allowed in bedrooms and are not allowed to be kept overnight. It is the teacher's responsibility to collect / distribute phones whilst they are here in the centre.

# Please make sure your students are aware of the rules and regulations of Carlingford before they arrive

Any student found in possession or under the influence of alcohol will be sent home immediately at their own expense.

Any student found in the possession or under the influence of any illegal drug will be sent home immediately at their own expense.

This is a non-smoking centre. No smoking is permitted unless a teacher from the school specifically requests it. This will only be allowed if there are no other schools staying at the centre.

Carlingford has an excellent safety record, to ensure this continues we reserve the right to remove any uncontrollable pupils from adventure activities.

Students must adhere to any safety requests by their instructors on a session. Any failure to comply will result in the student being removed from the activity.

Children are responsible for keeping safe their own possessions.

## All damage must be paid for.

At Carlingford we work a policy where any damage in the bedrooms is charged to the students in the room divided equally amongst them. Please let us know before your stay if you would prefer if the individual responsible for the damage is charged only. If nobody admits to the damage and it is clear someone from your school is responsible-the bill will be sent directly to the school.

There is CCTV in the centre.

Students are not allowed off the premises unless supervised by a teacher or instructor.

#### **VALUABLES**

Carlingford recommend that you do not take any valuables e.g phones, iPods, etc. to Carlingford Adventure Co. If you do decide to bring them, we are sorry but we will not accept responsibility for them.

#### **CLOTHES**:

As we have a lot of people who leave clothing behind at the centre, this is discarded the following day or passed onto the charity shop if usable, so make sure you check that you have everything with you before you leave the activity site or the centre. We advise people not to take valuables with them on activities and suggest that you leave any valuables at the reception desk

Students are not allowed to leave their rooms after 11pm. The only time they may leave their rooms is if they need to contact the night supervisor.

We have developed these rules to ensure you and your students have a truly safe environment in which to enjoy your stay with us