Covid 19 Guidelines for Close Contacts

Dear Parents,

Please make yourselves familiar with the latest government guidelines released Tuesday 16th of November that are set out below in response to the Covid 19 pandemic. These revised guidelines focus on close contacts of a positive case in a domestic setting and offer guidance in terms of restricting movement and testing. This new advice states that **all members of a household even if fully vaccinated must now restrict their movements for 5 days and take 3 antigen tests within that period if a member of that household is covid positive.**

If any member of a household displays symptoms they should contact their doctor to arrange a PCR test or book one on line using the HSE website. We want to commend our parents for being so proactive in this regard. Parents have been excellent in terms of organising PCR tests where situations of close contact have occurred both inside and outside of the home.

If your son is not vaccinated and he is deemed to be a close contact of a positive case he must restrict his movements for 14 days and take a PCR test on day 0 and day 10. If no symptoms appear within the last 5 days he should then return to school.

Close contacts

- Advice that comes into immediate effect is that household close contacts who are fully
 vaccinated and showing no symptoms should now restrict their movements until they
 have three negative antigen test results within five days.
- <u>Antigen tests can be done at any time of the day.</u> Complete your second test two days after the first, and your third test two days after your second.

Antigen tests

- The Government also advises people to take regular antigen tests if they are asymptomatic and have visited riskier environments.
- People are urged to limit their activities in indoor and crowded environments, where distancing is difficult.
- They should "hold off on visiting vulnerable people after undertaking these activities".