



Transition Year

26th - 29th September 2023 Information Pack

- **Glendalough Walk**
- **Blessington Adventure Overnight Camp**
- **SOLAS Eco Garden Shop - Business Case Course**

For the 26th - 29th September we have 4 days of activities planned for TY students.

Students will do an overnight camping adventure trip to the Blessington Lakes.

They will also spend a day at the Solas Eco Garden Centre in Portarlinton.

All details are provided in this document. Please read through it carefully.

If you know your son cannot travel on either or both of these trips can you please let me know immediately as we have paid for a certain number of places.

Summary

1. Overview
2. SOLAS Eco Garden Centre - Business Case Course
3. Blessington - Overnight Adventure Camp
 - a. What to Bring
4. Additional Rules

Please read through the entirety of this document carefully

Please keep an eye on the school app for updates and information

We expect that all TY students will travel on these trips. However, if it is medically or physically unwise to do so, please inform me immediately.



Overview

For the dates of the 26th - 29th September our TY group will be split into two groups of approximately 75 (**Group 1 & Group 2**). **Students will know this week what group they are a part of.**

We have two separate trips planned. All students will do both.

The schedule:

Tuesday 26th September

10.00a.m - **Group 1** will depart the CBS for a day at the SOLAS Eco Garden Centre.

9.00a.m - **Group 2** will depart the CBS to go to Glendalough for a walk.

15.00/15.30p.m - **Both groups** will arrive back at the CBS and can go home.

Wednesday 27th September

9.30a.m - **Group 1** will depart the CBS for the Adventure Overnight Camp in Blessington (Russborough House).

10.00a.m - **Group 2** will depart the CBS for a day at the SOLAS Eco Garden Centre.

15.00p.m - **Group 2** will arrive back at the CBS from SOLAS and can go home.

Thursday 28th September

9.30a.m - **Group 2** will depart the CBS for the Adventure Overnight Camp in Blessington (Russborough House). .

11.30a.m - **Group 1** will return to CBS from overnight camp and can go home.

Friday 29th September

11.30a.m - **Group 2** will return to CBS from overnight camp and can go home.

Group 1 - No School

The success of these trips will determine the future of further trips within our TY programme for 2023/24. The health and safety of our groups relies heavily on the individual responsibility of each student travelling.



SOLAS Eco Garden Centre - Business Case Course

We have organised this trip as part of our Enterprise and Global Citizenship school programme.

The facility is the largest online garden centre in Ireland

The Eco Garden Centre SOLAS has cost €2.5 million to build and really is unique.

Students will:

- Be given a business case presentation with the director of the company
- Work in the Ecommerce section of the warehouse -Hands On Order Picking
- Get the opportunity to make barista coffee
- Will make their own Pizza
- Work in the recycling section of the facility
- Eat their Pizza and come up with their own Eco business idea!

The bus will depart the school at 10.00a.m. Students only need to come to school for that time on the day they are travelling.

Group 1 - Will travel on Tuesday 26th September

Group 2 - Will travel on Wednesday 27th September

Blessington - Overnight Adventure Camp

Students are required to camp in groups of 3 or 4 - I need to know these groups ASAP. Students can nominate one person to email me the names.

Day 1

- 9.30 a.m - Depart School
- 10.00 a.m - Arrival to Russborough House
- 10.00 - 4.00 p.m Multi Activity Day – Land & Water Activities
- Lunch - 1 hour break for lunch – bring own packed
- 4.30 p.m - Canoe Transfer to Campsite
- 5.00 p.m - Set up Camp (No tents required)
- 6.00 p.m - Dinner
- 7.00 p.m - Evening Activity - Night walk, night orienteering, Camp Factor
- 11.00 p.m - Downtime before retiring to bed/ tents

Day 2

- 9.00 a.m - Breakfast and break camp
- 10.00 a.m - Transfer back to base to depart
- 11.00/11.30a.m Return to School and go home!

Tents and all cooking equipment are provided. Students need to bring a sleeping bag, head torch and camping mat (exercise mat).

Instructors stay onsite for the duration to supervise, teachers also to stay onsite to supervise.

Students are not allowed to leave tents after lights out except to use the bathroom.

Toilet facilities are onsite though no showering facilities are available.

While the trip might be physically demanding, I have no doubt it will be enjoyable, memorable and extremely worthwhile for everyone.

I expect that all students will cooperate fully with the teachers, instructors and staff while they are away. There will be 24 hour supervision provided by the staff while in the Avon Rí adventure camp.

Other rules and regulations you must be aware of

Please also note that this is an official school tour and the usual school rules will apply.

The carrying or consumption of any alcoholic drink, or any illegal / illicit drugs is strictly forbidden at all times on this tour. The minimum penalty for a breach of this rule will be immediate removal from the trip and suspension from school on return. In the case of drugs, any pupil who breaks this rule will be referred to the Board of Management for a decision on expulsion from the school. Good behaviour is expected at all times. While on the trip we will reserve the right to room/ tent access and inspection at any time during the trip. This is in the interest of the safety of all pupils.

Vaping is strictly forbidden and any student found in possession of a vape will have it confiscated and their parents will be contacted to collect them from the site.

The Avon Rí has an excellent safety record, to ensure this continues we reserve the right to remove any uncontrollable pupils from adventure activities.

Students must adhere to any safety requests by their instructors during a session. Any failure to comply will result in the student being removed from the activity.

Students are responsible for keeping their own possessions safe.

All damage must be paid for.

VALUABLES

We recommend that you do not take any valuables e.g phones, iPods, etc. If you do decide to bring them, we will not accept responsibility for them.

Students are required to camp in groups of 3 or 4 - I need to know these groups ASAP. Students can nominate one person to email me the names.



What to Bring

VERY IMPORTANT - SLEEPING BAG, CAMPING MAT & TORCH

A complete change of clothing. (Don't bring good clothes, you will get clothes and footwear, very wet and dirty). Jeans are not suitable.

- Sleeping Bag
- Sleeping mat (Yoga mat or exercise mat)
- Torch/head torch.
- Appropriate footwear
- Extra warm layers for at night
- Old pair of runners suitable for water based activities.
- Towel and toiletries.
- Wet / rain gear - **Jacket**
- **Hat & Gloves**
- Swimming togs / shorts (for wearing under wetsuit, supplied).
- Plastic bags for bringing home wet shoes and wet / dirty clothes.
- Extra Snacks and Water

Could you please let me know in advance if there are any particular medical requirements / important needs / food allergies etc your son might have or if he is unable to travel.

Thanks in advance

Stephen Coy
TY Coordinator and Year Head
sc@naascbs.ie